

The first is entitled 'Across the Roof of the World' - a 16 day journey across the Himalayas from China and Tibet to Nepal. This begins in Beijing where one can enjoy iconic sites including, the Summer Palace, Great Wall of China and the fascinating Ming Tombs.

Then it's on to Xining to catch the overnight train across the newly built railway across the plateau to Tibet. This 24 hour journey includes stunning scenery en route to enchanting Lhasa – once described as a 'mountain Shangri La' to Victorian Britain. Highlights include, the **Potala** Palace and the Jokhang Temple.

Next one flies to Kathmandu with a transfer by road to Nargarkot for a full day's walking with Mount Everest as a dramatic backdrop.

Price from £3,349 per person, includes return flights, transfers, full-board accommodation and the services of a dedicated tour leader on all walks.

Swiss Mountain Adventure – a two week holiday which embraces a trio of alpine villages en route in some of the most spectacularly beautiful scenery in the world.

First stop is **Villars** to the south east of Lake Geneva then it's on to Pontresina in the Engadine and finally Saas Fee, east of the Matterhorn and Monte Rosa. From each of these villages there are extensive cable **car** systems offering superb views of the surrounding countryside.

Highlights of this three centre journey include, great walks past the three lacs de Brettaye, the Great Walser Trail between Gspon and Saas Grund with views of the glaciers in the Mischabel Range and a high level walk above Pontresina between Alp Languard and Muottas Muragl.

Price from £1,595 per person, includes rail travel from St Pancras and within Switzerland, half-board accommodation and the services of a dedicated tour leader on all walks.